# **Home Emergency Kit Checklist**

Keep items in airtight plastic bags, and put your entire disaster-supplies kit in one or two easy-to-carry containers, such as an unused trashcan, camping backpack or duffel bag. Rethink your needs every year, and update your kit as your family needs change.

### Check off supplies when added to your home kit: Food and water Manual can opener ☐ Utensils ☐ First-aid Kit ☐ Flashlight ☐ Battery-operated radio ☐ Batteries ☐ Cash in small denominations and coins / Credit Cards ☐ Unscented liquid household bleach for water purification Personal hygiene items, including toilet paper, feminine supplies and soap ☐ Sturdy shoes ☐ Heavy gloves ☐ Warm clothes, a hat and rain gear ☐ A local map Extra prescription eyeglasses, hearing aid or other vital personal items ☐ Plastic sheeting, duct tape and utility knife for covering broken windows Tools including pliers and shut-off wrench to turn off utilities if necessary ☐ Blanket or sleeping bag Extra keys to your house and vehicle A copy of important documents and phone numbers Paper towels, aluminum foil ☐ Fire extinguisher ☐ Paper, pencils Large plastic bags for waste and sanitation Diapers and other items for babies and children ☐ Special-need items for family members with mobility problems, such as an extra cane or manual wheelchair in case there is no power for recharging an electric wheelchair ☐ Tent ☐ Matches in a waterproof container ☐ Pet Supplies ☐ Plastic storage containers ☐ Signal flare ☐ Needles and thread

#### Food

## Store enough emergency food to feed your family for at least

- Ready-to-eat canned meats, fruits and vegetables
- Canned juices, milk and soup
- High-energy foods, such as peanut butter, jelly, crackers, granola bars and trail mix
- Comfort foods, such as hard candy, sweetened cereals, candy bars and cookies
- Dried foods (select carefully as some have high salt content)
- Instant meals that don't require cooking or water
- Vitamins

three days:

- Protein or fruit bars
- Nuts

#### Water

- Store 1 gallon of water per person and pet per day
- Seal water containers tightly in a clean food-grade plastic container, label them with a date, and store in a cool, dark place
- Rotate water supplies every six months. (Water can develop or algae from microscopic cracks in the container)
- Keep a small bottle of unscented liquid bleach to purify water. (Add eight drops of bleach to each gallon of water. Shake or stir. Let stand 30 minutes)

### **Important Documents**

Keep originals of legal documents in an off-site safe-deposit box:

- ☐ Birth certificates, adoption
- ☐ Marriage certificate
- ☐ Social Security cards
- ☐ Military discharge
- ☐ Health Insurance ID cards Life insurance policies
- ☐ Property insurance policies
- ☐ Auto registration/ownership papers
- ☐ Naturalization documents
- ☐ Power of attorney
- □ Will
- ☐ Passport
- Real estate deeds of trust
- ☐ Previous year tax returns Contact info of your attorney
- ☐ Inventory of valuables with photographs

## **Maintaining Contact**

- Determine the best two escape routes from your home
- Plan where to meet if your home becomes unsafe. Choose two places, one just outside your home and one outside your neighborhood
- Designate a contact person far enough away to not be affected by the same emergency. Instruct family members to call this person and tell them where they are
- If you have a cell phone, include an emergency contact in your phonebook. Put the letters ICE for "in case of emergency" before a person's name to let rescuers know whom to contact

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☐ Two pairs of disposable gloves ☐ Sterile Dressings	An easy-to-carry bag with an ID tag for each member of the family for use for an evacuation. Include the following:  Some water, food and manual can opener
☐ Gauze bandage ☐ Cleansing agent/soap and antibiotic towelettes ☐ Antibiotic ointment ☐ Burn ointment ☐ Thermometer ☐ Adhesive bandages in a variety of sizes ☐ Adhesive tape, 2-inch width ☐ Eye-wash solution ☐ Cold pack ☐ Scissors ☐ Cotton swabs ☐ Tweezers ☐ Over-the-counter medicines such as aspirin or other pain reliever, laxative, anti-diarrhea medication, antacid ☐ Daily prescription medications such as insulin, heart medicine or asthma inhaler ☐ Prescribed medical supplies such as glucose monitoring equipment or blood-pressure monitors	☐ Flashlight and batteries ☐ Battery-operated radio ☐ Whistle ☐ Personal medications and prescriptions ☐ Extra keys to your house and vehicle ☐ Walking shoes, warm cloths, a hat and rain gear ☐ Extra prescription eyeglasses, hearing aid or other vital personal items ☐ Toilet paper, plastic bags and other hygiene supplies ☐ Dust mask ☐ Pocket knife, compass ☐ Paper, pens and tape for leaving messages ☐ Money in small denominations ☐ Copies of insurance and identification cards ☐ A recent picture of your family members and pets ☐ In your child's bag include a favorite toy, game or book, as well as his or her emergency card with reunification location and contact info

#### **Pets:**

- Get a pet carrier or a crate for each household pet. It should be large enough to allow your pet to stand up and turn around inside.
- Have a leash and a muzzle on hand to help control your dog.
- Have newspapers, plastic bags, cleansers, kitty litter and disinfectants available to handle pet wastes.
- Have sufficient amounts of pet food, water and special medications on hand.
- Be sure your pet's rabies and other vaccinations are current. Your pet's
  collar should have a license tag. Gather your pet's ID records and medical info into a waterproof package. Include a recent photo of you and the
  pet with a detailed written description and copy of the current vaccinations certificate.
- Ask local animal shelters if they provide emergency shelter or foster care for pets in a disaster.